



The Metro Health & Medical Preparedness Coalition is pleased to partner with the Center for Patient Safety to host the following virtual workshop with program developer and course trainer, Dr. Susan Scott.



# Caring for Our Own Train-the-Trainer Workshop

*\*Virtual*

## 2023 Workshop

Thursday, April 13 and 27

12:00 - 3:00 pm Central time

REGISTER NOW



<https://www.eventbrite.com/e/caring-for-our-own-tickets-333877315037>

**Post-Session Support.** Resource library and Metro Coalition will convene work groups to support implementation process of best practices.

**Cost. \$500:** \$250 paid for by Coalition and \$250 by Hospital

**Format and Requirements.** Attend via Zoom. Workshop requirements include Internet connection with viewing, speaking, and listening devices.

## WHO WILL BENEFIT

This workshop provides attendees with the knowledge and tools necessary to establish Peer Support teams at their healthcare organization using Second Victim concepts to address the increasing needs of all clinicians.

## PROGRAM OBJECTIVES

- Understand how a Second Victim Clinician Peer Support program supports healthcare workforce well-being when facing challenging times.
- Customize and define a plan to deploy and sustain a peer support network within your organization.



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Today's healthcare workforce faces many challenges, including the demands encountered during a traumatic clinical event. Providers' strong emotional defenses carry them through and let them "get the job done" without addressing the emotional aftershock or stress reaction that can impact them for months.



*I could relate to the outcomes of second victimization, and see it demonstrated in coworkers. It is so exciting to know that this program will be developed for our staff.*

**- WORKSHOP ATTENDEE**



*Dr. Sue is very informative. I enjoyed the breakout opportunities to hear from different fields of nursing.*

**- WORKSHOP ATTENDEE**

## SECOND VICTIM FAST FACTS

- Second victims are healthcare providers who are traumatized by a clinical event.
- Each second victim (even those involved in the same event) will have unique experiences and needs.
- Regardless of job title, providers respond with six stages of second victim recovery following a traumatic event; understanding them allows peer supporters to help.
- Knowing which events carry the greatest risk of inducing a second victim response can improve support efforts.
- Trained peer support colleagues can identify common signs of stress such as isolation and predictable patterns of worry.



## SESSION 1 OBJECTIVES

1. Understand basic concepts of second victimization
2. Identify the Recovery Stages after a traumatic event or during challenging times
3. Understand potential outcomes of second victimization: Dropping Out, Surviving, Thriving
4. Describe the 3-tiered model of support
5. Identify barriers to staff seeking support

## SESSION 2 OBJECTIVES

1. Increase personal ability to have a critical conversation
2. Understand four key components of a supportive conversation
3. Describe six key steps to develop a peer support program
4. Determine how Caring for Our Own can be integrated into your Patient Safety Plan