

## REGISTER HERE

General Registration \$70.00 2/29/24 through 4/12/24

Vendor Registration \$250.00 2/29/24 through 4/12/24

Walk-In Registration \$80.00 4/13/24 through 4/17/24

## CANCELLATION / SUBSTITUTION POLICY

Registration will remain open, based on availability. Should you need to cancel, please contact us no later than April 10th.

A \$15.00 cancellation fee will apply. No refunds will be made after April 10, 2024.

Questions regarding the conference or how to be a vendor, contact:  
[jonathan@masaconsulting.com](mailto:jonathan@masaconsulting.com) or [christine.chell@hcmcd.org](mailto:christine.chell@hcmcd.org)

## PLANNING COMMITTEE

**Jonathan Bundt**, Masa Consulting, Conference Chair

**Christine Chell**, Metro Healthcare Coalition

**Kerry Appleton**, North Memorial Health

**Amanda Lemke**, City of Bloomington, Public Health

**Nancy Carlson**, MN Department of Health

**Hanna Marzinske**, MN Department of Health

**Tai Mendenhall**, University of Minnesota

**Kevin Coder**, Walker Methodist

**Carol Christians**, Metro Healthcare Coalition

# FOOTPRINT OF DISASTER

*Building Equity in Response*

## Disaster Behavioral Health Conference

April 17th, 2024

8:00 AM – 4:00 PM



**Heritage Center of Brooklyn Center**

6155 Earle Brown Dr, Brooklyn Center, MN 55430

**Sponsored By:**



## GOAL

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Provide and deepen participants' awareness of the psychological impact of disasters. Review strategies before and during crisis and disaster events which can help with short- and long-term recovery of staff, responders, family members, and surviving victims.

## WHO SHOULD ATTEND?

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This conference is designed for local and regional hospitals, community-based healthcare providers, first responders, public health professionals, and partners in the private and non-profit sectors on the front lines responding to disasters. This includes members of hospitals' incident command structures, administrators, emergency department professionals, safety and security staff, behavioral health and spiritual care providers and their organizations, clinic staff, EMS/Fire personnel, CISM teams, law enforcement, emergency managers, and homeland security personnel.

## CONTINUING EDUCATION CREDIT

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**CEUs:** Credits have been applied for with the following boards: Psychology, Social Work, Marriage and Family Therapy, Alcohol and Drug Counselor, Professional Counselor, and POST Board.

**Nursing Credits:** This activity is designed to meet the Minnesota Board of Nursing's continuing medical education requirements. Nurses are responsible for determining whether this activity meets the requirements for acceptable continuing education credits.

**Other Credits:** Other healthcare providers may use the course materials to submit to their professional organizations for individual credit.

## DISCLAIMER

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Funding for this conference was made possible (in part) by the Administration for Strategic Preparedness and Response (ASPR). The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does the mention of trade names, commercial practices, or organization imply endorsement by the U.S. Government.

## SCHEDULE

### 7:30 Registration

### 8:00 Welcome

*Jonathan Bundt, Conference Chair*

### 8:10 Recommendations from the Critical Incident Review of the Mass Casualty Incident at Robb Elementary School in Uvalde, Texas

*Nazmia E.A. Comrie, US, DOJ Community Oriented Policing Services Senior Program Specialist*

On May 24, 2022, an active shooter took the lives of 19 children and 2 staff members, and physically and mentally injured the survivors, the families, staff and teachers, and the community in Uvalde, Texas. At the request of Uvalde's leadership, the US Department of Justice established the Critical Incident Review (CIR) to conduct an independent, objective assessment of what happened that day and assess the systems in place during the weeks leading up to it. This presentation will cover observations and recommendations from the CIR report in the areas most relevant to disaster behavioral health providers, emergency management, and other stakeholders in the areas of trauma-informed approaches, leadership, incident command, coordination, communications, pre-incident and post-incident processes, and trauma and support services.

### 9:30 Break

### 09:50 State of MN Behavioral Health Updates

*Nancy Carlson, MPhil, CFT, CFE, Disaster BH Coordinator, MN Department of Health*

This presentation will update us on key local, regional, state, and federal activities in disaster behavioral health and wellness.

### 10:00 The Evolution of Early Intervention Protocols

*Hector R. Matascastillo, MSW, LICSW, ASC Psychological Services*

In 1997, Mitchell and Everly developed the Critical Incident Stress Management (CISM) response to trauma events. They led the way into a new era for individual and group interventions toward meeting the needs of the traumatized. Over the years, with new understandings around brain-based treatment models, the field of psychology began to appreciate a more holistic approach incorporating the brain and body as one organism with the potential of different memory networks. Now, into the third decade of the 21st century, we know how the vagal nervous system interacts with brain plasticity and whole neural networks, leading to the development of early intervention protocols that can be delivered while individuals are going through a traumatic event. This speaker will discuss the history and development of individual and group trauma intervention models that we are now seeing can increase the resiliency of a person towards the next potential critical incident.

### 11:30 Lunch

### 12:15 From Awareness to Action: Using Bias Interruption in Disaster Preparedness and Response

*Brittany Dahlen, MSN, RN, CHSE, NPD-BC, CPN and Samreen Vora, MD, MHAM, FACEP, CHSE, Co-founders of Shifting Frames Consulting, LLC*

This session will provide participants with a foundation on bias interruption skills, paired with the opportunity to practice applying these skills in small groups. The presenters will tie psychological first aid and bias interruption skills together, and introduce practical tips for teams to integrate before, during, and after a disaster or crisis to build a more equitable experience.

### 13:45 Break

### 14:05 Advancing Equity in Post-Disaster Recovery Operations

*Danielle N. Perry, MSW, and CDR Gabriela Ramirez-Leon, PsyD, MPH, M.ED, ABPP, Office of Community Mitigation and Recovery, Administration for Strategic Preparedness and Response, US Department of Health and Human Services*

This presentation will discuss concrete strategies that state, local, tribal, or territorial partners can utilize to reduce disparities in post-disaster outcomes and how to incorporate an equity lens into emergency planning. Representatives from ASPR's Office of Community Mitigation and Recovery (OCMR) will provide an overview of the Equitable Disaster Recovery Assessment Guide & Checklist, a practical manual for STTL partners on how to reduce disparities in post-disaster outcomes related to race, ethnicity, sexual orientation, gender identity, etc. The checklist is the result of the OCMR-led Post-Disaster Equity Pilot Project in Region 5, which brought federal, state, local, and NGO partners together to directly tackle the persistent pattern that in the post-disaster recovery period, pre-event health and economic disparities for communities of color, women, and LGBTQ+ are exacerbated. While federal agencies have written a lot in the way of policy analysis about post-disaster equity, the OCMR-produced assessment guide and checklist is unusual in that it is more tactical, practical, applicable, and intended for use by practitioners. Leveraging lessons learned from previous ASPR missions, this presentation will highlight disaster behavioral health response and recovery missions.

### 15:05 Walking in Balance: Honoring our own Humanness

*Tai Mendenhall, PhD, LMFT, University of Minnesota*

So many of us in the disaster behavioral health field are committed to and love what we do! However, we are often overwhelmed with the intensity and chronicity of our workloads, (inter)agency politics, and administrative demands, paired with a tendency to under-report our struggles or seek help. This presentation will share theoretically-conceptualized understandings of these challenges, alongside research-proven strategies to prevent and mitigate them.

### 16:00 Closing Remarks

*Jonathan Bundt, Conference Chair*