



BOYNTON HEALTH

UNIVERSITY OF MINNESOTA

The PACE Model™ of Animal-Assisted Interactions*: What to know before you bring animals to recovery settings

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Who are you?

- Grew up with pets.
- Currently have a pet.
- Traveled longer than 6 hours with a pet.
- Stayed with an animal overnight in an unfamiliar place.

'My Dog Kept Me Sane': How 9/11 Redefined Therapy Dogs

By Mara Bovsun
Updated: Sep 11, 2023 | 7 Minutes

LENDING A PAW
CRISIS RES



SCIENCE

Dogs are a great source of comfort after a tragedy — here's why

Simone M. Scully Jun 23, 2016, 9:04 AM CT



Dogs offer support to first responders and community after Madison school shooting



Share

MOURNING IN MADISON

NEW AT 6

HEALING WITH SUPPORT FROM DOGS

Comfort dogs work to bring peace to victims, families of Waukesha Christmas Parade attack



LATEST HEADLINES

'A piece of home': Therapy dogs and a cat visit fire personnel at fairgrounds

Provide Comfort to Shooting V

CRISIS RES

Therapy dog helps hurricane victims

Valerie Myers vmyers@timesnews.com

Published 2:00 a.m. ET Nov. 2, 2017

Comfort Dogs Arrive in Uvalde to Offer Support

... over the country have arrived to bring families and first



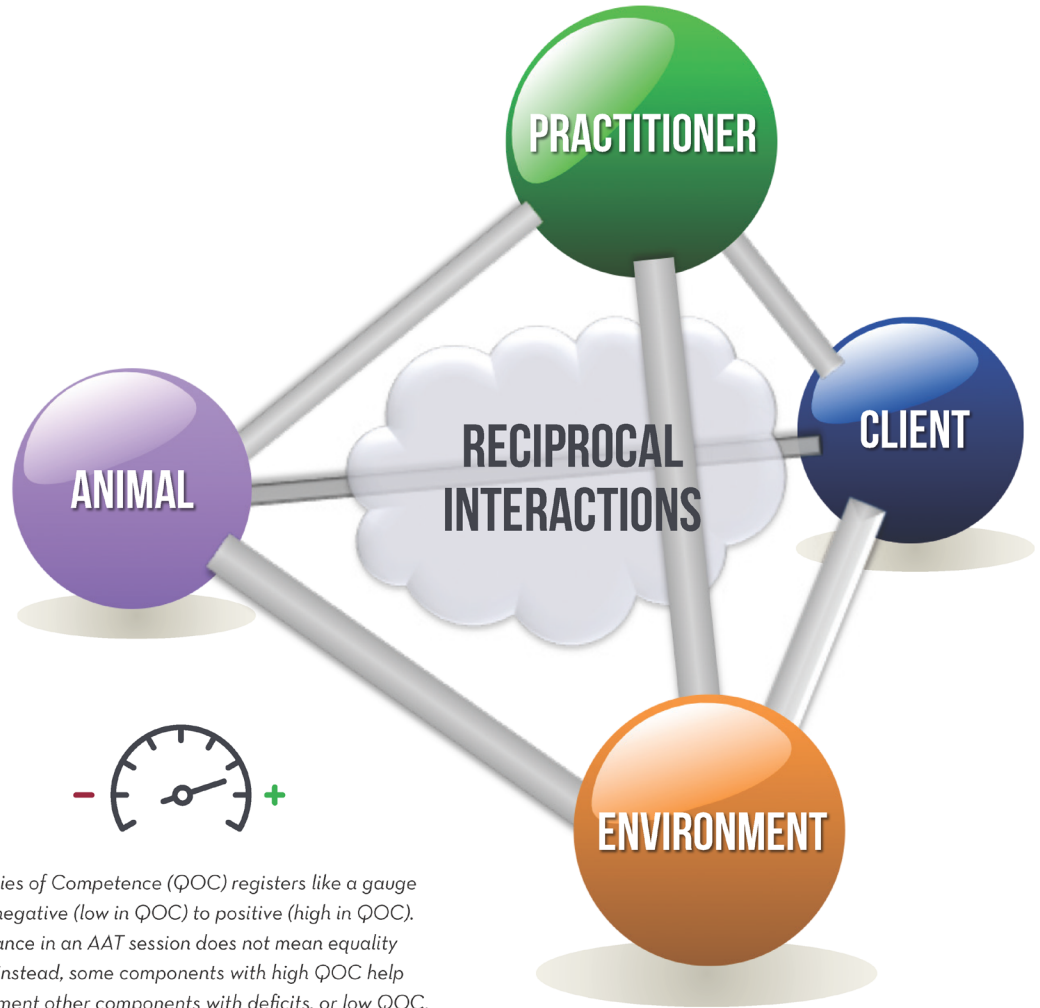
Miami: Dogs comfort building collapse victims after Surfside disaster

The application of animal-assisted interactions* (AAI) continues to demonstrate a multitude of positive effects and outcomes within the emotional, social, cognitive, physical, and spiritual realms of human well-being.

** Although listed as Animal-Assisted Interactions (AAI), additional terms (i.e., animal-assisted therapy, animal-assisted interventions) are included with the understanding of the nuances in the practice of these terms.*



The PACE Model™ of Animal-Assisted Interactions (AAI)



Qualities of Competence (QOC) registers like a gauge from negative (low in QOC) to positive (high in QOC).

Balance in an AAT session does not mean equality and instead, some components with high QOC help complement other components with deficits, or low QOC.

Practitioner

The identified person(s) who plans, leads, and holds responsibility for the AAI sessions.

Depending on the overall needs of the identified client, animal, and environment, individuals providing AAI sessions may include more than one person and more than one professional discipline.

Practitioner can be substituted with other terms like professional, presenter, provider, etc.

Animal

The identified animal(s) assisting in and/or facilitating AAI services.

One size does not fit all! Best practices call for the “identified animal” to have specific training and character suited for the goals and objectives of each AAI session. Occasionally, ad hoc animals that are not trained will become part of the AAI session because of the larger milieu of a session.

Client

The identified person(s) who is receiving AAI services and may also be listed as a participant, student, individual, members of a group, or family.

All sessions start and end with the client in mind. The client has tremendous leverage in changing the reciprocal interaction of the PACE Model.

Client can be substituted with other terms like customer, cohort (for group sessions), etc.

Environment

The identified location where AAI services are held, as well as the greater environmental milieu.

Examples of “identified locations” may be a horse stall, training center, hospital room, chicken coop, or therapy office. The larger milieu of these areas include the natural world - both indoors and outside - in which these locations exist.

The environment is the most commonly overlooked participant in AAI sessions!



Over Proofed



Under Proofed



Perfectly Proofed



$$\text{P} + \text{A} + \text{C} + \text{E} = ?$$



The PACE Model for AAI provides a **framework** that can be used to assess rigor, goals and objectives, risk management, and precautions when involving animals in **ANY** activity.



**Things
To
Remember**

Resources

Bailey, T. K. (2023). [A scoping review of campus-based animal-assisted interactions programs for college student mental health](#). People and Animals: The International Journal of Research and Practice, 6(1), 1.

Bailey, T. K. (2022). A conceptual framework for understanding animal-assisted interactions. In M. Kirby (Ed.), [Nourished: The role of beauty, nourishment, safety, and strength in equine, animal, and nature therapy](#). Equine Psychotherapy Institute.

Howell, T. J., Nieforth, L., Thomas-Pino, C., & Samet, L. (2022). [Defining terms used for animals working in support roles for people with support needs](#). Animals.

Bailey, T. K. (2020). [The PACE model of animal-assisted therapy \(AAT\): A process to design and implement sound clinical practice](#). University of Minnesota.

Disclosure

I have no actual or potential conflict of interest in relation to this presentation.

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Pet Away Worry & Stress

Taking Care of **U**



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