

Exercise FAQs

- 1. Who can join this exercise?
 - a. This exercise is designed for skilled nursing, assisted living, group homes/ICFs, homecare, hospice, and clinics. The exercise is open to any organization/facility in Minnesota who falls under these categories.
- 2. Will this exercise meet CMS Appendix Z exercise requirements?
 - a. This exercise is designed to meet your Community-based, functional exercise requirement. You may also use this exercise as your "exercise-ofchoice" if you have already completed your community-based requirement. Participants will be provided with an after-exercise report template to fill out with findings from the exercise. This completed report can serve as documentation of exercise completion during a survey visit.
- 3. Where is the exercise being held?
 - a. The exercise is conducted through a virtual platform. You and your team will log-on from your location and the Coalition will lead you through the exercise. Log-in info will be provided one week prior to the exercise.
- 4. How long is the exercise?
 - a. The exercise will run for 2 1/2 hours. Please plan to be logged on for the entire exercise.
- 5. I see two time options for the exercise, do I need to join both?
 - a. No, two time options are being offered in order to provide more opportunities for members to join. Please plan to attend one of the time options.
- 6. What do I need to do to prepare?



- a. Invite your team members and leaders to the exercise and make sure the time is blocked out on their calendars. Reserve a space for your team to gather on exercise day. Make sure you have internet access and a computer to log onto the exercise. Print out the materials the Coalition provides for you. Review any relevant plans prior to the exercise and provide staff training refreshers on your plans if needed.
- 7. Who from my organization should I invite to participate in the exercise?
 - a. CMS surveyors want to see both leadership and staff participate in exercises. For this particular exercise, we also recommend including clinical staff, administrative staff, IT, and human resources.
- 8. Do I need to register everyone from my facility who will be participating in the exercise?
 - a. No, please only one registration per facility/organization.
- 9. Are there any materials I need to participate?
 - a. Yes, the Coalition will provide you with exercise documents. The materials will be available for download from the Coalition website one week before the exercise and an email will be sent out alerting you they are ready for download.
- 10. Oh no! Registration is closed. Can I still participate in the exercise?
 - a. No, unfortunately once registration is closed, we are no longer able to add anyone to the registration list.