

CYBERSECURITY WORKSHOP

Protecting the Continuity of Care in an Evolving Threat Landscape



Tuesday May 5, 2026 – Shoreview Community Center

8:15 – 9:00 AM | Registration & Networking

9:00 – 9:10 AM | Opening Remarks

Chris Chell, Regional Healthcare Preparedness Coordinator, Metro Health and Preparedness Coalition

9:10 – 9:50 AM | The Evolving Cyber Threat Landscape: What Healthcare Needs to Know

Alexander Deak, Cyber Liaison Officer, Minnesota Fusion Center

Max Woodard, Cyber Liaison Officer, Minnesota Fusion Center

9:50 – 10:30 AM | Inside an Extended Downtime Event: Lessons Learned from Ridgeview's Real-World Experience

Andy Kester, Chief Information Officer, Ridgeview Medical Center

Paul Ham, Vice President, Support Services, Ridgeview Medical Center

Scott Potter, Manager, IT Security & HIPAA Privacy, Ridgeview Medical Center

Networking Break 10:30 -10:45 AM

10:45 – 11:25 AM | Building Resilient Healthcare Operations During Prolonged Outages

Lisa Bisterfeldt, Principal Consultant, Bisterfeldt Solutions

11:25 – 12:10 PM | Cyber Hygiene & Human Risk: Strengthening Your First Line of Defense

Bryan Pender, Emergency Preparedness Program Manager, Children's Minnesota

Vince Peeler, Human Risk Lead, Children's Minnesota

Lunch Provided by the Metro Health and Medical Preparedness Coalition 12:10 – 1:00 PM

1:00 – 1:40 PM | The Power of Partnership: Lessons from a Citywide Cyber Incident

Jamie Wascalus, Director & Chief Information Officer, City of St. Paul Office of Technology Communications

Rick Schute, Emergency Management Director, City of St. Paul

1:40pm – 3:00 PM | Designing Effective Tabletop Exercises: From Concept to Execution

Facilitator: Lisa Bisterfeldt, Principal Consultant, Bisterfeldt Solutions

Closing Remarks

Chris Chell, Regional Healthcare Preparedness Coordinator, Metro Health and Preparedness Coalition

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Meet the Speakers

Lisa Bisterfeldt

Principal Consultant and Founder, Bisterfeldt Solutions



Lisa Bisterfeldt is a cyber resiliency expert and the Founder and Principal Consultant of Bisterfeldt Solutions, where she focuses on bringing practical, affordable cybersecurity training, exercises, and preparedness solutions to the healthcare sector.

With more than 15 years of experience spanning cybersecurity and emergency management, Lisa specializes in partnering with hospitals and healthcare organizations to strengthen their ability to prepare for, respond to, and recover from cyber incidents. Her work centers on leadership and operational readiness, ensuring continuity of operations, effective downtime response, and the safe restoration of services to support patient care.

Lisa has extensive experience developing cybersecurity incident response plans and has supported organizations through real-world cyber events. Her background includes managing federal preparedness grants, leading a healthcare coalition, and designing and facilitating more than 75 training and exercise events across multiple jurisdictions. These range from executive tabletop exercises and workshops to full-scale simulations; all aimed at improving cyber maturity and organizational resilience.

She is an active member of the Business Continuity Institute and the Health Sector Coordinating Council, and holds the Certified Cyber Resiliency Professional (CCRP) credential.

Lisa earned her Bachelor of Health Science Studies from Boise State University and her Master of Public Health from Idaho State University. Outside of her professional work, she enjoys running, hiking, and trying new recipes.

Max Woodard

*Criminal Intelligence Analyst & Program Coordinator, Cyber Liaison Office
Minnesota Fusion Center – Minnesota Bureau of Criminal Apprehension*



Max Woodard is a Criminal Intelligence Analyst and Cyber Liaison Officer Program Coordinator with the Minnesota Fusion Center, housed within the Minnesota Bureau of Criminal Apprehension. He specializes in cyber threat intelligence, with a focus on analyzing and disseminating intelligence on cyber threats impacting public safety and critical infrastructure.

He holds an Associate of Applied Science (AAS) in Cybersecurity and Digital Forensics from Century College and has completed multiple military training programs in cyber threat intelligence and operational analysis.

Max currently serves in the Minnesota Army National Guard as a Military Intelligence Analyst, with over seven years of service, including more than three years assigned to the 177th Cyber Protection Team as a Cyber Threat Intelligence Analyst. His experience includes one overseas deployment to the Horn of Africa in support of counterterrorism operations, as well as multiple partner-force engagements across Europe focused on enhancing cyber defense and mission readiness.

Alexander Deak

*Criminal Intelligence Analyst & Program Coordinator, Cyber Liaison Office
Minnesota Fusion Center – Minnesota Bureau of Criminal Apprehension*



Alexander Deak is a Criminal Intelligence Analyst and a coordinator for the Cyber Liaison Officer Program. He holds a B.S. in cyber intelligence from Dakota State University, where he wrote his honors thesis on Chinese cyber influence campaigns.

Prior to joining the Minnesota Fusion Center, he worked for the DHS Office of Intelligence and Analysis in the Cyber Intelligence Center where he specialized in cyber threat intelligence and collection requirement management. In his current role with the Fusion Center, he produces cyber intelligence products and facilitates information sharing with law enforcement and critical infrastructure partners.

Andrew Kester

Chief Information Office, Ridgeview Medical Center



Andy Kester has been employed by Ridgeview for nearly seven years and is currently serving as the Chief Information Officer for the independent, regional health care system that serves communities across seven counties in the southwest metro region of the Twin Cities and beyond. As Chief Information Officer, Kester is accountable for Ridgeview's enterprise Information Technology infrastructure, clinical

applications, informatics, analytics, security, biomedical equipment and service management across its four hospital campuses, 11 primary care locations and its specialty practices, support services, rehabilitation and outreach programs, and more.

Kester is an energized health care technology leader who believes in collaborating closely with clinical and operations leadership and staff to continually improve access and enhance the ways in which Ridgeview serves the diverse needs of its patients.

Prior to joining Ridgeview, Kester served in a variety of leadership roles at Health Partners and Essentia Health. Kester holds a bachelor's degree from the University of Minnesota Duluth, and the Certified Healthcare CIO (CHCIO) and CPHIMS certifications.

Scott Potter

IT / Security Manager, Ridgeview Medical Center



Scott Potter has been with Ridgeview Medical Center for five years and currently serves as IT Security Manager and HIPAA Security Officer, where he strengthens cybersecurity, protects patient data, and manages risk in a highly regulated healthcare environment.

Prior to Ridgeview, Scott served as a Network Engineer at Agropur, supporting network

infrastructure and security for more than 60 manufacturing facilities across the United States and Canada.

Paul Ham

Vice President, Support Services, Ridgeview Medical Center



Mr. Ham is currently responsible for operational support functions across Ridgeview Medical Center's portfolio of 4 hospitals and 12 clinics serving the west and southwest suburbs of the Twin Cities metropolitan area. Some of his responsibilities include real estate, design and construction, and facility operations.

Prior to Ridgeview, Mr. Ham served as a Director with Target Corporation overseeing facilities management, energy, engineering, commissioning and sustainability teams supporting 1,700 locations and 250M square feet of physical assets. Prior to Target, Mr. Ham served as consulting engineer helping property owners in the governmental, institutional, commercial, and health care industries define and implement programs related to design, construction, commissioning, energy efficiency, sustainability and facility operations.

Mr. Ham holds a bachelor's degree in mechanical engineering from Bucknell University and an MBA from the University of St. Thomas. His wife and three children reside in Minnetrista, MN.

Jaime Wascalus

Director and Chief Information Officer, City of St. Paul Office of Technology Communications



Jaime Wascalus serves as Director and Chief Information Officer for the City of Saint Paul's Office of Technology and Communications, where she leads enterprise IT, cybersecurity, and digital service delivery. In 2025, she served as Incident Commander for the City's first cyber incident, a citywide ransomware attack that disrupted public safety systems and core operations. Jaime led the coordinated response across departments and partners, guiding containment, system recovery, and critical decision-making under prolonged disruption. She brings a practical perspective on managing complex cyber incidents, aligning technical and operational priorities, and sustaining essential services during extended outages.

Rick Schute

Emergency Management Director, City of St. Paul



Rick Schute serves as the Emergency Management Director for the City of Saint Paul, Minnesota, where he leads preparedness, response, and recovery coordination across city departments and with regional, state, and federal partners. During the City's first cyber incident in 2025, Rick served as Deputy Incident Commander, supporting Emergency Operations Center operations, cross-sector coordination, and continuity of operations across critical services. His work focuses on integrating emergency management with cybersecurity response, with an emphasis on operational coordination, clear decision-making, and maintaining essential services during complex, multi-system disruptions.

Brian Pender

Emergency Preparedness Program Manager, Children's Minnesota



Bryan Pender is a seasoned Emergency Management leader who serves as the Emergency Preparedness Program Manager at Children's Minnesota, where he directs enterprise-wide preparedness, disaster response, and continuity operations to safeguard patients, families, and staff.

With a career shaped by significant leadership roles across both the Oil & Gas industry and the Healthcare sector, Bryan brings a robust record of advancing organizational readiness, building high-functioning response systems, and strengthening multidisciplinary crisis operations. His expertise spans large-scale incident coordination, risk reduction, and the design of resilient emergency management infrastructures. Bryan is an active contributor to regional and national preparedness efforts through the Metro Health & Medical Preparedness Coalition, ASPR Region V for Kids, and the Metropolitan Emergency Managers Association.

An Army Veteran of Operation Iraqi Freedom, Bryan's military service instilled the operational discipline, logistical acumen, and mission-driven leadership that underpin his work in high-pressure environments. His ability to bring order to chaos—and transform complex challenges into coordinated action—remains central to his approach. Outside of work, Bryan enjoys life's daily adventures with his wife and children.

Vince Peeler

Human Risk, Children's Minnesota



Vince Peeler is a seasoned expert in cyber intelligence, currently serving as the human risk lead at Children's Minnesota. With a diverse background in both military and corporate intelligence, he is recognized for his leadership in navigating complex cyber threats and building robust intelligence teams.

Vince's expertise stems from his distinguished military career in information warfare, where he flew as an EA-6B Prowler Electronic Countermeasures Officer (ECMO) and later transitioned to intelligence as one of the first qualified Information Dominance Warfare Officers. He has led teams tracking al-Qaeda's cyber activities and has overseen cyber intelligence operations in high-profile organizations like Optum and Cargill. He now teaches cybersecurity and intelligence at the undergraduate and graduate levels at Metropolitan State University in St. Paul, Minnesota as a community faculty member.

Vince is a graduate of the University of Tampa with a BA in psychology and an M.Ed. in Curriculum and Instruction with a specialization in multi-media development from the University of Minnesota. He also has pursued advanced doctoral studies in cybersecurity. In 2024, he published his book, *The Intelligence Pyramid: A Comprehensive Guide to Building and Maturing Cyber Intelligence Teams*. His accolades include serving as the Vice President of the IT-ISAC, military awards such as Meritorious Service Medal, multiple Air Medals, and sharing his insights on platforms like Dark Reading, Cyber Wire, Recorded Future webinars, and launching his podcast, *The Intel Cycle*.

Vince resides in Maple Grove, MN with his wife, Emily. They have four adult children: Annika, William, Katherine, and Karl. His unique journey through intelligence and cybersecurity continues to drive his passion for helping organizations develop and mature their cyber defense capabilities.